

**JOVE MEDICAL, INC.**  
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Dr. Pedro A. Sanchez, D.O.  
Deborah A. Collins, ARNP NP-C

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

REASON FOR VISIT: \_\_\_\_\_

Primary Care Provider/Physician: \_\_\_\_\_

**GENERAL MEDICAL HISTORY**

DO YOU HAVE ANY ALLERGIES TO MEDICATIONS?  YES  NO, PLEASE DESCRIBE: \_\_\_\_\_

ARE YOU TAKING ANY PRESCRIBED OR OVER THE COUNTER MEDICATION OR SUPPLEMENTS?  YES  NO, PLEASE LIST / DESCRIBE: \_\_\_\_\_

HAVE YOU EVER HAD SURGERY?  YES  NO DATE: \_\_\_\_\_ DESCRIBE \_\_\_\_\_

**PERSONAL MEDICAL HISTORY**

CANCER  YES  NO TYPE: \_\_\_\_\_  
DIABETES  YES  NO  
HEART DISEASE  YES  NO  
HEART ATTACK  YES  NO AGE: \_\_\_\_\_  
HIGH BLOOD PRESSURE  YES  NO  
STROKE  YES  NO  
HIGH CHOLESTEROL  YES  NO

PLEASE LIST & DESCRIBE ANY OTHER MEDICAL HISTORY: \_\_\_\_\_

**FAMILY MEDICAL HISTORY**

	ALIVE? Y / N	AGE / AGE AT DEATH	MAJOR MEDICAL PROBLEMS:
MOM	Y / N	_____	_____ _____ _____
DAD	Y / N	_____	_____ _____ _____

SIBLINGS WITH MAJOR MEDICAL PROBLEMS: AGE, DESCRIBE: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DO YOU SMOKE?  YES  NO PACKS PER DAY: \_\_\_\_\_ HOW MANY YEARS: \_\_\_\_\_ WOULD YOU LIKE TO QUIT?  YES  NO

DO YOU CONSUME ALCOHOL?  YES  NO # OF DRINKS PER  DAY  WEEK  MONTH

DO YOU EXERCISE REGULARLY?  YES  NO # OF DAYS / WEEK \_\_\_\_\_ DURATION \_\_\_\_\_ ACTIVITIES: \_\_\_\_\_

WOULD YOU DESCRIBE YOU DIET AS:  VERY HEALTHY  HEALTHY  SOMEWHAT HEALTHY  FAIR  POOR

UNRESTRICTED  LOW FAT  LOW CHOLEST  LOW SWEETS, CARBS  LOW/NO DAIRY  VEGETARIAN  OTHER: \_\_\_\_\_

**GYN**

ARE YOUR PERIODS REGULAR?  YES  NO IF NO, DESCRIBE: \_\_\_\_\_

ARE THEY PAINFUL?  YES  NO

ARE THEY HEAVY?  YES  NO

LENGTH OF PERIODS: \_\_\_\_\_

DO YOU HAVE ANY BLEEDING BETWEEN PERIODS?  YES  NO

DATE OF LAST PAP TEST: \_\_\_\_\_

NORMAL?  YES  NO

DATE OF LAST MAMMOGRAM: \_\_\_\_\_

NORMAL?  YES  NO

DATE OF LAST BONE DENSITY TEST: \_\_\_\_\_

NORMAL?  YES  NO

OSTEOPOROSIS? \_\_\_ OSTEOPENIA? \_\_\_

HAVE YOU EVER HAD AN ABNORMAL PAP TEST?  YES  NO

HAVE YOU EVER HAD AN ABNORMAL MAMMOGRAM?  YES  NO

DESCRIBE ABNORMALITY AND PROCEDURES / DATE: \_\_\_\_\_

# OF PREGNANCIES: \_\_\_\_\_ NUMBER OF BIRTHS: \_\_\_\_\_ MISCARRAIGES: \_\_\_\_\_ ABORTIONS: \_\_\_\_\_ DATE OF LAST PREGANCY: \_\_\_\_\_